

## FAMILY EXPRESSIVENESS QUESTIONNAIRE

In the following questions, we'd like to know more about the degree of expressiveness shown in different families. Therefore, we'd like you to tell us about how often some things happen in your family, that is, between you, your children, and the partner and other people you live with (if any). By frequency we mean, "How often does this situation occur in your family compared to other families?" So, try to think of the following scenarios in terms of how often they occur in your family compared to other families.

Circle the number on the rating scale from 1 (not at all frequently in my family) to 9 (very frequently in my family) that indicates how frequently that activity occurs. Some items may be hard to judge. However, it is important to answer each one.

|  | Not at all |   |   |   |   |   |   |   | Very<br>frequently |
|--|------------|---|---|---|---|---|---|---|--------------------|
|  | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 1. Showing forgiveness to someone who broke a favorite possession. | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 2. Thanking family members for something they have done.           | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 3. Exclaiming over a beautiful day.                                | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 4. Showing contempt for another's actions.                         | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 5. Expressing dissatisfaction with someone else's behavior.        | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 6. Praising someone for good work.                                 | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 7. Expressing anger at someone else's carelessness.                | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 8. Sulking over unfair treatment by a family member.               | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 9. Blaming one another for family troubles.                        | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 10. Crying after an unpleasant disagreement.                       | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 11. Putting down other people's interests.                         | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 12. Showing dislike for someone.                                   | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 13. Seeking approval for an action.                                | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 14. Expressing embarrassment over a stupid mistake.                | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 15. Going to pieces when tension builds up.                        | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 16. Expressing exhilaration after an unexpected triumph.           | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 17. Expressing excitement over one's future plans.                 | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |
| 18. Demonstrating admiration.                                      | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                  |

|  | Not at all |   |   |   |   |   |   | Very frequently |   |
|--|------------|---|---|---|---|---|---|-----------------|---|
|  | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 19. Expressing sorrow when a pet dies.                             | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 20. Expressing disappointment over something that didn't work out. | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 21. Telling someone how nice they look.                            | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 22. Expressing sympathy for someone's troubles.                    | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 23. Expressing deep affection or love for someone.                 | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 24. Quarreling with a family member.                               | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 25. Crying when someone leaves.                                    | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 26. Spontaneously hugging a family member.                         | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 27. Expressing momentary anger over a trivial irritation.          | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 28. Expressing concern for the success of other family members.    | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 29. Apologizing for being late.                                    | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 30. Offering to do somebody a favor.                               | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 31. Snuggling up to a family member.                               | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 32. Crying for being punished.                                     | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 33. Trying to cheer up someone who is sad.                         | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 34. Telling a family member how hurt you are.                      | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 35. Telling family members how happy you are.                      | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 36. Threatening someone.   | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 37. Criticizing someone for being late.                            | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 38. Expressing gratitude for a favor.                              | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 39. Surprising someone with a little gift or favor.                | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |
| 40. Saying "I'm sorry" when one realizes one was wrong.            | 1          | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9 |